| | Veld 1 (kunstgras) | | Veld 2 | | | Veld 3 | | | Veld 4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Maandag | 1/2 veld | 1/2 veld | 1/2 veld | 1/2 veld | Maandag | 3A | 3B | 3C | 4A | 4B | 4C | Maandag |
| 16.30 - 16.45 | | | | | 16.30 - 16.45 | | | | | | | 16.30 - 16.45 |
| 16.45 - 17.00 | | | | | 16.45 - 17.00 | | | | | | | 16.45 - 17.00 |
| 17.00 - 17.15 | | | | | 17.00 - 17.15 | | | | | | | 17.00 - 17.15 |
| 17.15 - 17.30 | | | | | 17.15 - 17.30 | | | | | | | 17.15 - 17.30 |
| 17.30 - 17.45 | | | | | 17.30 - 17.45 | | | | | | | 17.30 - 17.45 |
| 17.45 - 18.00 | | | | | 17.45 - 18.00 | | | | | | | 17.45 - 18.00 |
| 18.00 - 18.15 | | | | | 18.00 - 18.15 | | | | | | | 18.00 - 18.15 |
| 18.15 - 18.30 | | | | | 18.15 - 18.30 | | | | | | | 18.15 - 18.30 |
| 18.30 - 18.45 | | JO9 | MO11-1 MO13-2 | MO13-1 | 18.30 - 18.45 | JO8 | | | | | JO15-6 | 18.30 - 18.45 |
| 18.45 - 19.00 | | | | | 18.45 - 19.00 | | | | | | | 18.45 - 19.00 |
| 19.00 - 19.15 | | | | | 19.00 - 19.15 | | | JO13-3 | | | | 19.00 - 19.15 |
| 19.15 - 19.30 | | | MO15-1 MO17-1 | | 19.15 - 19.30 | | | | JO15-3 | JO15-4 | JO15-5 | 19.15 - 19.30 |
| 19.30 - 19.45 | JO19-1 | JO17-1 | | | 19.30 - 19.45 | JO17-2 | | | | | | 19.30 - 19.45 |
| 19.45 - 20.00 | | | | | 19.45 - 20.00 | | | | | | | 19.45 - 20.00 |
| 20.00 - 20.15 | | | | VR zat 1, MO19-1 | 20.00 - 20.15 | | Zat 1 | | | | | 20.00 - 20.15 |
| 20.15 - 20.30 | | | | | 20.15 - 20.30 | | | | | | | 20.15 - 20.30 |
| 20.30 - 20.45 | | | VR zat 1, MO19-1 | | 20.30 - 20.45 | | | | VR zat 2 | | | 20.30 - 20.45 |
| 20.45 - 21.00 | | | | | 20.45 - 21.00 | | | | | | | 20.45 - 21.00 |
| 21.00 - 21.15 | | | | | 21.00 - 21.15 | | | | | | | 21.00 - 21.15 |
| 21.15 - 21.30 | | | | | 21.15 - 21.30 | | | | | | | 21.15 - 21.30 |
| 21.30 - 21.45 | | | | | 21.30 - 21.45 | | | | | | | 21.30 - 21.45 |
| 21.45 - 22.00 | | | | | 21.45 - 22.00 | | | | | | | 21.45 - 22.00 |

| | Veld1 (kunstgras) | | Veld2 | | | Veld3 | | | Veld4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dinsdag | 1/2 veld | 1/2 veld | 1/2 veld | 1/2 veld | Dinsdag | 3A | 3B | 3C | 4A | 4B | 4C | Dinsdag |
| 16.30 - 16.45 | | | | | 16.30 - 16.45 | | | | | | | 16.30 - 16.45 |
| 16.45 - 17.00 | | | | | 16.45 - 17.00 | | | | | | | 16.45 - 17.00 |
| 17.00 - 17.15 | | | | | 17.00 - 17.15 | | | | | | | 17.00 - 17.15 |
| 17.15 - 17.30 | | | | | 17.15 - 17.30 | Optie JO10, JO11 | | | | | | 17.15 - 17.30 |
| 17.30 - 17.45 | | | | | 17.30 - 17.45 | | | | | | | 17.30 - 17.45 |
| 17.45 - 18.00 | | | | | 17.45 - 18.00 | | | | | | | 17.45 - 18.00 |
| 18.00 - 18.15 | | | | | 18.00 - 18.15 | | | | | | | 18.00 - 18.15 |
| 18.15 - 18.30 | | | | | 18.15 - 18.30 | | | | | | | 18.15 - 18.30 |
| 18.30 - 18.45 | JO13-1 | JO15-1 | Optie JO15-? | | 18.30 - 18.45 | JO10, JO11 | | | JO12-1, JO12-2, JO12-3, JO12-4, JO12-5 | | | 18.30 - 18.45 |
| 18.45 - 19.00 | | | | | 18.45 - 19.00 | | | | | | | 18.45 - 19.00 |
| 19.00 - 19.15 | | | | | 19.00 - 19.15 | | | | | | | 19.00 - 19.15 |
| 19.15 - 19.30 | Zat 2 | | | JO15-2 | 19.15 - 19.30 | JO17-3, JO17-4, JO17-5 | | | | | | 19.15 - 19.30 |
| 19.30 - 19.45 | | | | | 19.30 - 19.45 | | | | JO19-2, JO19-3 | | Zat 3 | 19.30 - 19.45 |
| 19.45 - 20.00 | | | | | 19.45 - 20.00 | | | | | | | 19.45 - 20.00 |
| 20.00 - 20.15 | | Zat 1 | | | 20.00 - 20.15 | | | | | | | 20.00 - 20.15 |
| 20.15 - 20.30 | | | | | 20.15 - 20.30 | | | | | | | 20.15 - 20.30 |
| 20.30 - 20.45 | | | | | 20.30 - 20.45 | | | | | | | 20.30 - 20.45 |
| 20.45 - 21.00 | Zat 1 | | | | 20.45 - 21.00 | Senioren zat - zon - 35+ | | | Senioren zat - zon - 35+ | | | 20.45 - 21.00 |
| 21.00 - 21.15 | | | | | 21.00 - 21.15 | | | | | | | 21.00 - 21.15 |
| 21.15 - 21.30 | | | | | 21.15 - 21.30 | | | | | | | 21.15 - 21.30 |
| 21.30 - 21.45 | | | | | 21.30 - 21.45 | | | | | | | 21.30 - 21.45 |
| 21.45 - 22.00 | | | | | 21.45 - 22.00 | | | | | | | 21.45 - 22.00 |

| | Veld1 (kunstgras) | | Veld2 | | | Veld3 | | | Veld4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Woensdag | 1/2 veld | 1/2 veld | 1/2 veld | 1/2 veld | Woensdag | 3A | 3B | 3C | 4A | 4B | 4C | Woensdag |
| 16.00 - 16.15 | | | | | 16.00 - 16.15 | | | | | | | 16.00 - 16.15 |
| 16.15 - 16.30 | | | | | 16.15 - 16.30 | | | | | | | 16.15 - 16.30 |
| 16.30 - 16.45 | | | | | 16.30 - 16.45 | | | | | | | 16.30 - 16.45 |
| 16.45 - 17.00 | | | | | 16.45 - 17.00 | | | | | | | 16.45 - 17.00 |
| 17.00 - 17.15 | | | | | 17.00 - 17.15 | | | | | | | 17.00 - 17.15 |
| 17.15 - 17.30 | | | | | 17.15 - 17.30 | | | | | | | 17.15 - 17.30 |
| 17.30 - 17.45 | JO8 | JO6 JO7 | | | 17.30 - 17.45 | JO9 | | | | | | 17.30 - 17.45 |
| 17.45 - 18.00 | | | | | 17.45 - 18.00 | | | | | | | 17.45 - 18.00 |
| 18.00 - 18.15 | Keepers vanaf 18.00 uur | | MO11-1 MO13-2 | | 18.00 - 18.15 | | | | | | JO15-6 | 18.00 - 18.15 |
| 18.15 - 18.30 | | | | | 18.15 - 18.30 | | | | | | | 18.15 - 18.30 |
| 18.30 - 18.45 | | JO17-2 | | MO13-1 | 18.30 - 18.45 | | | | | | | 18.30 - 18.45 |
| 18.45 - 19.00 | Keepers | | | | 18.45 - 19.00 | | | | | | | 18.45 - 19.00 |
| 19.00 - 19.15 | | | | | 19.00 - 19.15 | | | | | | | 19.00 - 19.15 |
| 19.15 - 19.30 | | | MO15-1 MO17-1 | | 19.15 - 19.30 | | | JO15-3 | JO15-4 | JO15-5 | JO13-2 | 19.15 - 19.30 |
| 19.30 - 19.45 | | | | | 19.30 - 19.45 | JO17-1 | | | | | | 19.30 - 19.45 |
| 19.45 - 20.00 | | | | | 19.45 - 20.00 | | | | | | | 19.45 - 20.00 |
| 20.00 - 20.15 | VR zat 1, MO19-1 | | | | 20.00 - 20.15 | | | | | | | 20.00 - 20.15 |
| 20.15 - 20.30 | | | | | 20.15 - 20.30 | | | | | | | 20.15 - 20.30 |
| 20.30 - 20.45 | | | | VR zat 2 | 20.30 - 20.45 | | | Senioren zat - zon - 35+ | Senioren zat - zon - 35+ | | | 20.30 - 20.45 |
| 20.45 - 21.00 | | | | | 20.45 - 21.00 | | | | | | | 20.45 - 21.00 |
| 21.00 - 21.15 | | | | | 21.00 - 21.15 | | | | | | | 21.00 - 21.15 |
| 21.15 - 21.30 | | | | | 21.15 - 21.30 | | | | | | | 21.15 - 21.30 |
| 21.30 - 21.45 | | | | | 21.30 - 21.45 | | | | | | | 21.30 - 21.45 |
| 21.45 - 22.00 | | | | | 21.45 - 22.00 | | | | | | | 21.45 - 22.00 |

| | Veld1 (kunstgras) | | Veld2 | | | Veld3 | | | Veld4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Donderdag | 1/2 veld | 1/2 veld | 1/2 veld | 1/2 veld | Donderdag | 3A | 3B | 3C | 4A | 4B | 4C | Donderdag |
| 16.30 - 16.45 | | | | | 16.30 - 16.45 | | | | | | | 16.30 - 16.45 |
| 16.45 - 17.00 | | | | | 16.45 - 17.00 | | | | | | | 16.45 - 17.00 |
| 17.00 - 17.15 | | | | | 17.00 - 17.15 | | | | | | | 17.00 - 17.15 |
| 17.15 - 17.30 | Optie JO10, JO11 | | | | 17.15 - 17.30 | | | | | | | 17.15 - 17.30 |
| 17.30 - 17.45 | | | | | 17.30 - 17.45 | | | | | | | 17.30 - 17.45 |
| 17.45 - 18.00 | | | | | 17.45 - 18.00 | | | | | | | 17.45 - 18.00 |
| 18.00 - 18.15 | | | | | 18.00 - 18.15 | | | | | | | 18.00 - 18.15 |
| 18.15 - 18.30 | JO10, JO11 | | | | 18.15 - 18.30 | | | | | | | 18.15 - 18.30 |
| 18.30 - 18.45 | | | JO15-1 | JO15-2 | 18.30 - 18.45 | JO13-1 | | | JO12-1, JO12-2, JO12-3, JO12-4, JO12-5 | | | 18.30 - 18.45 |
| 18.45 - 19.00 | | | | | 18.45 - 19.00 | | | | | | | 18.45 - 19.00 |
| 19.00 - 19.15 | | | | | 19.00 - 19.15 | | | | | | | 19.00 - 19.15 |
| 19.15 - 19.30 | | | | | 19.15 - 19.30 | | | | | | | 19.15 - 19.30 |
| 19.30 - 19.45 | | Keepers selectie Senioren JO19-1 | | | 19.30 - 19.45 | JO17-3, JO17-4, JO17-5 | | | | | | 19.30 - 19.45 |
| 19.45 - 20.00 | | | JO19-1 | | 19.45 - 20.00 | | | | | JO19-2, JO19-3 | | 19.45 - 20.00 |
| 20.00 - 20.15 | | | | | 20.00 - 20.15 | | | | | | | 20.00 - 20.15 |
| 20.15 - 20.30 | Zat 1 | | | Zat 2 | 20.15 - 20.30 | | | | | | | 20.15 - 20.30 |
| 20.30 - 20.45 | | | | | 20.30 - 20.45 | | | | | | | 20.30 - 20.45 |
| 20.45 - 21.00 | | | | | 20.45 - 21.00 | Senioren zat - zon - 35+ | | | Senioren zat - zon - 35+ | | | 20.45 - 21.00 |
| 21.00 - 21.15 | | Zat 1 | | | 21.00 - 21.15 | | | | | | | 21.00 - 21.15 |
| 21.15 - 21.30 | | | | | 21.15 - 21.30 | | | | | | | 21.15 - 21.30 |
| 21.30 - 21.45 | | | | | 21.30 - 21.45 | | | | | | | 21.30 - 21.45 |
| 21.45 - 22.00 | | | | | 21.45 - 22.00 | | | | | | | 21.45 - 22.00 |

| | Veld1 (kunstgras-KG) | | Veld2 | | | Veld3 | | | Veld4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vrijdag | 1/2 veld | 1/2 veld | 1/2 veld | 1/2 veld | Vrijdag | 3A | 3B | 3C | 4A | 4B | 4C | Vrijdag |
| 16.30 - 16.45 | | | | | 16.30 - 16.45 | | | | | | | 16.30 - 16.45 |
| 16.45 - 17.00 | | | | | 16.45 - 17.00 | | | | | | | 16.45 - 17.00 |
| 17.00 - 17.15 | | | | | 17.00 - 17.15 | | | | | | | 17.00 - 17.15 |
| 17.15 - 17.30 | | | | | 17.15 - 17.30 | | | | | | | 17.15 - 17.30 |
| 17.30 - 17.45 | | | | | 17.30 - 17.45 | | | | | | | 17.30 - 17.45 |
| 17.45 - 18.00 | | | | | 17.45 - 18.00 | | | | | | | 17.45 - 18.00 |
| 18.00 - 18.15 | Voetbalschool | | Voetbalschool | | 18.00 - 18.15 | | | | | | | 18.00 - 18.15 |
| 18.15 - 18.30 | | | | | 18.15 - 18.30 | | | | | | | 18.15 - 18.30 |
| 18.30 - 18.45 | | | | | 18.30 - 18.45 | | | | | | | 18.30 - 18.45 |
| 18.45 - 19.00 | | | | | 18.45 - 19.00 | | | | | | | 18.45 - 19.00 |
| 19.00 - 19.15 | | | | | 19.00 - 19.15 | | | | | | | 19.00 - 19.15 |
| 19.15 - 19.30 | | | | | 19.15 - 19.30 | | | | | | | 19.15 - 19.30 |
| 19.30 - 19.45 | 35+ competitie of Voetbalschool | | | | 19.30 - 19.45 | | | | | | | 19.30 - 19.45 |
| 19.45 - 20.00 | | | | | 19.45 - 20.00 | | | | | | | 19.45 - 20.00 |
| 20.00 - 20.15 | | | | | 20.00 - 20.15 | | | | | | | 20.00 - 20.15 |
| 20.15 - 20.30 | | | | | 20.15 - 20.30 | | | | | | | 20.15 - 20.30 |
| 20.30 - 20.45 | | | | | 20.30 - 20.45 | | | | | | | 20.30 - 20.45 |
| 20.45 - 21.00 | | | | | 20.45 - 21.00 | | | | | | | 20.45 - 21.00 |
| 21.00 - 21.15 | | | | | 21.00 - 21.15 | | | | | | | 21.00 - 21.15 |
| 21.15 - 21.30 | | | | | 21.15 - 21.30 | | | | | | | 21.15 - 21.30 |
| 21.30 - 21.45 | | | | | 21.30 - 21.45 | | | | | | | 21.30 - 21.45 |
| 21.45 - 22.00 | | | | | 21.45 - 22.00 | | | | | | | 21.45 - 22.00 |